

<u>Unit</u>	Sub section	Year 1	Year 2
Health and wellbeing	Growing up	Our bodies (1)	Our bodies (1)
		Your family, my family (4)	Is it okay? (2)
		Getting older (5)	Pink and blue (3)
		Changes (6)	
	It's my body	My body, my business (1)	Active and asleep (2)
		Happy healthy food (3)	Clean as a whistle (4)
		Can I eat it? (5)	I can choose (6)
	Safety first	Keeping safe (1)	Staying safe outside (3)
		Staying safe at home (2)	Safe secrets and surprises (5)
		Staying safe around strangers (4)	People who can help (6)
	Think positive	Think happy, feel happy (1)	Go-getters (3)
		It's your choice (2)	Let it out (4)
		Be mindful (6)	Be thankful (5)
Living in the wider world	Aiming high	Star qualities (1)	Jobs for all (4)
		Positive learners (2)	Going for goals (5)
		Bright futures (3)	Looking forward (6)
	Diverse Britain	My school (1)	My country (4)
		My community (2)	British people (5)
		My neighbourhood (3)	What makes me proud of Britain (6)
	Money matters	Money (1)	Save or spend (4)
		Where money comes from (2)	Want or need (5)
		Look after it (3)	Going shopping (6)
	One world	Families (1)	Environments (4)
		Homes (2)	Resources (5)
		Schools (3)	Planet protectors (6)
Relationships	Be yourself	Marvellous me (1)	Uncomfortable feelings (4)



	Feelings (2)	Changes (5)
	Things I like (3)	Speak up! (6)
Digital wellbeing	Internet and me (1)	Personal information (4)
	Online and offline (2)	Communicating online (5)
	Staying safe online (3)	True or false (6)
TEAM	Together everyone achieves more (1)	Bullying and teasing (4)
	Listening (2)	Brilliant brains (5)
	Being kind (3)	Making good choices (6)
VIPs	VIPs (1)	Families (2)
	Friends (2)	Working together (5)
	Falling out (4)	Showing you care (6)