

<u>Unit</u>	<u>Sub section</u>	<u>Year 3</u>	<u>Year 4</u>	
Health and wellbeing	Growing up	Changing emotions (4)		
		Relationships and families (5)	Changes in boys (2)	
			Changes in girls (3)	
	It's my body	Fit as a fiddle (2)	My body, my choice (1)	
		Good night, good day (3)	Drugs, healing or harmful (5)	
		Cough, splutter, sneeze (4)	Choices everywhere (6)	
	Safety first	Safety when out and about (4)	New responsibilities (1)	
		Dangerous substances (5)	Risks, hazards and danger (2)	
		Injuries and emergencies (6)	Under pressure (3)	
	Think positive	Happy minds, happy people (1)	Keep calm (4)	
		Thoughts and feelings (2)	You're the boss (5)	
		Changes (3)	Always learning (6)	
	Living in the wider world	Aiming high	Achievements (1)	Jobs and skills (4)
			Goals (2)	No limit (5)
			Always learning (3)	When I grow up (6)
Diverse Britain		Living in the British Isles (1)	Liberty (4)	
		Democracy (2)	Tolerance and respect (5)	
		Rules, laws and responsibilities (3)	What does it mean to be British? (6)	
Money matters		Where money comes from (1)	Spending decisions (4)	
		Ways to pay (2)	Advertising (5)	
		Reasons to borrow (3)	Keeping track (6)	
One world		Chiwa and Kwende (1)	Chiwa and Kwende (1)	
		Chiwa dilemma 1 (2)	Chiwa dilemma 2 (3)	
		Chiwa sugar (4)	Chiwa world (5)	

		Charity for Chiwa (6)	
Relationships	Be yourself	Feelings (1)	Pride (1)
		Express yourself (3)	Know your mind (4)
		Making it right (6)	Media wise (5)
	Digital wellbeing	The digital world (1)	Online information (4)
		Digital kindness (2)	Keep it private (5)
		Do I know you? (3)	My digital wellness (6)
	TEAM	A new start (1)	Being considerate (4)
		Together everyone achieves more (2)	When things go wrong (5)
		Working together (3)	Responsibilities (6)
	VIPs	Family and friends (1)	Is this a good relationship (3)
		Fabulous friends (2)	What is bullying? (5)
		Falling out (4)	Stand up to bullying (6)